



We hope you like our new look newsletter.

*Your comments are important to us and are
always welcome.*

*If you do have any comments you wish to make
either about our newsletters or general
comments, please feel free to email us on
info@nicint.co.uk*

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Your passport to trouble free logistics solutions

NIC Newsletter

January 2006



And the winner is...



Jack Fair, of Fairprint in High Wycombe, correctly answered the question to our Christmas competition.

Thanks to all of you who also entered and correctly guessed that our driver was at The Monument.

A Taste of the Continent

As we deliver around the world on your behalf we often get the opportunity to sample various international cuisine. Each month we will introduce to you a recipe from around the world. This month we start with Turkey.

Yogurtlu kuzu kebab

(Lamb Casserole with Yoghurt)

- 1 medium size onion
- 6 pieces lamb shoulder on the bone
- 2 teaspoons salt
- 1.5 cups of natural yoghurt
- 5 tablespoons flour
- 2 egg whites

Place meat in a well covered saucepan. Add finely chopped onion. Cover and braise over low heat for 45 minutes. Season with salt. Combine egg whites with yoghurt & flour mixing well. Place meat in casserole dish, pour yoghurt mix over the meat and spread evenly. Bake in a moderate oven for 20 minutes or until light golden brown. Serve hot with rice.

Did You Know?

- Between junctions 15 and 14 (M4 to A3113) the M25 carries 165000 vehicles per day making it the busiest motorway in the UK. NIC are based just off Junction 14 meaning we are always in the thick of it.
 - Along with the Great Wall of China, the M25 is supposedly one of the few man-made constructions that is visible from space.
 - Heathrow Airport is the worlds 2nd busiest airport & cargo port. Approximately 64 million passengers pass through each year with 90 Airlines accommodating them who fly to over 170 destinations.
- There are 2 main runways with a cross wind runway plus a further 3rd runway under discussion.
 - There are 4 terminals with T5 due to go "live" in 2008.
 - Now to airline food...the perceived blandness of airline food could be attributed largely to a combination of limited aircraft space, with the pressure on airlines to keep costs low. Meals are generally frozen and heated on the ground before take-off. It has also been suggested that the taste buds are less sensitive at higher altitudes which makes everything taste bland.....well you decide!!
 - This is amazing but true. During the 1980's 1st class passengers were treated to ice sculptures and seat-side carvings and wait for it..... flambés!! Yes flambés!! However sadly with increased security this has all been put to an end! I wonder why?



Terminal 5 under construction